

# Fitting Nonlinear Mixed Models with the New NLMIXED Procedure

Russell D. Wolfinger, SAS Institute Inc., Cary, NC

## ABSTRACT

Statistical models in which both fixed and random effects enter nonlinearly are becoming increasingly popular. These models have a wide variety of applications, two of the most common being nonlinear growth curves and overdispersed binomial data. A new SAS/STAT® procedure, NLMIXED, fits these models using likelihood-based methods. This paper presents some of the primary features of PROC NLMIXED and illustrates its use with two examples.

## INTRODUCTION

The NLMIXED procedure fits nonlinear mixed models, that is, models in which both fixed and random effects are permitted to have a nonlinear relationship to the response variable. These models can take various forms, but the most common ones involve a conditional distribution for the response variable given the random effects. PROC NLMIXED enables you to specify such a distribution by using either a keyword for a standard form (normal, binomial, Poisson) or SAS programming statements to specify a general distribution.

PROC NLMIXED fits the specified nonlinear mixed model by maximizing an approximation to the likelihood integrated over the random effects. Different approximations to the integral are available, and the two principal ones are adaptive Gaussian quadrature and a first-order Taylor series approximation. You can use a variety of alternative optimization techniques to carry out the maximization; the default is a dual quasi-Newton algorithm.

Successful convergence of the optimization problem results in parameter estimates along with their approximate standard errors computed from the second derivative matrix of the likelihood function. PROC NLMIXED enables you to use the estimated model to construct predictions of arbitrary functions by using the parameter estimates and the empirical Bayes estimates of the random effects. PROC NLMIXED approximates their standard errors using the first derivatives of the function that you specify (the delta method).

## LITERATURE ON NONLINEAR MIXED MODELS

Davidian and Giltinan (1995) and Vonesh and Chinchilli (1996) provide good overviews as well as general theoretical developments and examples of nonlinear mixed models. Pinheiro and Bates (1995) is a primary reference for the theory and computational techniques of PROC NLMIXED. They describe and compare several different integrated likelihood approximations and provide evidence that adaptive Gaussian quadrature is one of the best methods. Davidian and Gallant (1993) also use Gaussian quadrature for nonlinear mixed models, although the smooth nonparametric density they advocate for the random effects is currently not available in PROC NLMIXED.

Traditional approaches to fitting nonlinear mixed models involve Taylor series expansions, expanding around either zero or the empirical best linear unbiased predictions of the random effects. The former is the basis for the well-known first-order method of Beal and Sheiner (1982, 1988) and Sheiner and Beal (1985), and it is implemented in PROC NLMIXED. The latter is the basis for the

estimation method of Lindstrom and Bates (1990), and it is not available in PROC NL MIXED. However, the closely related Laplacian approximation is available; it is equivalent to adaptive Gaussian quadrature with only one quadrature point. The Laplacian approximation and its relationship to the Lindstrom-Bates method are discussed by Beal and Sheiner (1992), Wolfinger (1993), Vonesh (1992, 1996), and Wolfinger and Lin (1997).

A parallel literature exists in the area of generalized linear mixed models, in which random effects appear as a part of the linear predictor inside of a link function. Taylor-series methods that are similar to those just described are discussed in articles such as Harville and Mee (1984), Stiratelli, Laird, and Ware (1984), Gilmour, Anderson, and Rae (1985), Goldstein (1991), Schall (1991), Engel and Keen (1992), Breslow and Clayton (1993), Wolfinger and O'Connell (1993), and McGilchrist (1994), but such methods have not been implemented in PROC NL MIXED because they can produce biased results in certain binary data situations (Rodriguez and Goldman 1995, Lin and Breslow 1996). Instead, a numerical quadrature approach is available in PROC NL MIXED, as discussed in Pierce and Sands (1975), Anderson and Aitkin (1985), Crouch and Spiegelman (1990), Hedeker and Gibbons (1994), Longford (1994), McCulloch (1994), Liu and Pierce (1994), and Diggle, Liang, and Zeger (1994).

### **PROC NL MIXED COMPARED WITH OTHER SAS PROCEDURES AND MACROS**

The models fit by PROC NL MIXED can be viewed as generalizations of the random coefficient models fit by the MIXED procedure. This generalization allows the random coefficients to enter the model nonlinearly, whereas in PROC MIXED they enter linearly. Because of this general nonlinear

formulation, no direct analog to the REML method is available in PROC NL MIXED; only standard maximum likelihood is used. Also, PROC MIXED assumes the data to be normally distributed, whereas PROC NL MIXED enables you to analyze data that are normal, binomial, or Poisson or that have any likelihood programmable with SAS statements.

PROC NL MIXED does not implement the same estimation techniques that are available with the NLIN MIX and GLIMMIX macros. These macros are based on the estimation methods of Lindstrom and Bates (1990), Breslow and Clayton (1993), and Wolfinger and O'Connell (1993), and they iteratively fit a set of generalized estimating equations (refer to Chapters 11 and 12 of Littell et al. 1996 and to Wolfinger 1997). In contrast, PROC NL MIXED directly maximizes an approximate integrated likelihood.

PROC NL MIXED has close ties with the NLP procedure in SAS/OR® software. PROC NL MIXED uses a subset of the optimization code underlying PROC NLP and has many of the same optimization-based options. Also, the programming statement functionality that is used by PROC NL MIXED is the same as that used by PROC NLP and the MODEL procedure in SAS/ETS® software.

### **NONLINEAR GROWTH CURVES WITH GAUSSIAN DATA**

As our first example, consider the orange tree data of Draper and Smith (1981). These data consist of seven measurements of the trunk circumference (in millimeters) on each of five orange trees. You can input these data into a SAS data set as follows:

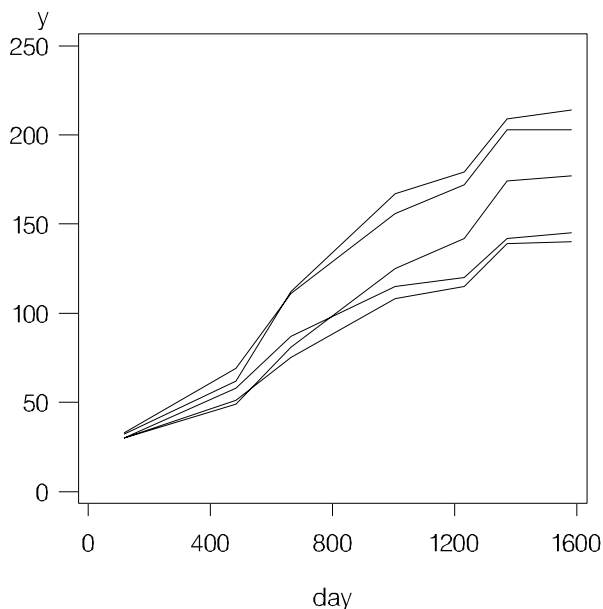
```
data tree;
  input tree day y;
  datalines;
```

```

1 118 30
1 484 58
1 664 87
1 1004 115
1 1231 120
1 1372 142
1 1582 145
2 118 33
2 484 69
2 664 111
2 1004 156
2 1231 172
2 1372 203
2 1582 203
3 118 30
3 484 51
3 664 75
3 1004 108
3 1231 115
3 1372 139
3 1582 140
4 118 32
4 484 62
4 664 112
4 1004 167
4 1231 179
4 1372 209
4 1582 214
5 118 30
5 484 49
5 664 81
5 1004 125
5 1231 142
5 1372 174
5 1582 177
run;

```

The following is a plot of the profiles of the trees. Each profile has a flattish S shape, and between-tree variability increases with days.



Lindstrom and Bates (1990) and Pinheiro and Bates (1995) propose the following logistic nonlinear mixed model for these data:

$$y_{ij} = \frac{b_1 + u_{i1}}{1 + \exp[-(d_{ij} - b_2) / b_3]} + e_{ij}$$

Here,  $y_{ij}$  represents the  $j$ th measurement on the  $i$ th tree ( $i=1, \dots, 5; j=1, \dots, 7$ );  $d_{ij}$  is the corresponding day;  $b_1, b_2, b_3$  are the fixed-effects parameters;  $u_{i1}$  are the random-effect parameters assumed to be iid  $N(0, \sigma_u^2)$ , and  $e_{ij}$  are the residual errors assumed to be iid  $N(0, \sigma_e^2)$  and independent of the  $u_{i1}$ . This model has a logistic form, and the random-effect parameters  $u_{i1}$  enter the model linearly.

The PROC NLMIXED statements to fit this nonlinear mixed model are as follows:

```

proc nlmixed data=tree;
  parms b1=190 b2=700 b3=350 s2u=1000
        s2e=60;
  num = b1+u1;
  ex = exp(-(day-b2)/b3);
  den = 1 + ex;
  model y ~ normal(num/den, s2e);
  random u1 ~ normal(0, s2u) subject=tree;
run;

```

The PROC NLMIXED statement invokes the procedure and inputs the TREE data set. The PARMs statement identifies the unknown parameters and their starting values. Here, there are three fixed-effects parameters (B1, B2, B3) and two variance components (S2U, S2E).

The next three statements are SAS programming statements specifying the logistic mixed model. A new variable U1 is included to identify the random effect. These statements are evaluated for every observation in the data set when PROC NLMIXED computes the integrated log likelihood function and its derivatives.

The MODEL statement defines the dependent variable and its conditional distribution given the random effects. Here a normal (Gaussian) conditional distribution is specified with mean NUM/DEN and variance S2E.

The RANDOM statement defines the single random effect to be U1, and specifies that it follows a normal distribution with mean 0 and variance S2U. The SUBJECT= argument defines a variable indicating when the random effect obtains new realizations; in this case, it changes according to the values of the TREE variable. PROC NL MIXED assumes that the input data set is clustered according to the levels of the TREE variable; that is, all observations from the same tree occur sequentially in the input data set.

The output from this analysis is as follows.

The NL MIXED Procedure	
Specifications	
Data Set	WORK.TREE
Dependent Variable	Y
Distribution for Dep Variable	Normal
Random Effects	u1
Distribution for Random Effects	Normal
Subject Variable	tree
Optimization Technique	Dual Quasi-Newton
Estimation Method	Adaptive Gaussian Quadrature

The “Specifications” table lists some basic information about the nonlinear mixed model that you have specified. Included are the input data set, dependent and subject variables, random effects, relevant distributions, and type of optimization.

Dimensions	
Observations Used	35
Observations Not Used	0
Total Observations	35
Subjects	5
Max Obs Per Subject	7
Parameters	5
Quadrature Points	1

The “Dimensions” table lists various counts related to the model, including the number of observations, subjects, and parameters. These quantities are useful for checking that you have specified your data set and model correctly. Also listed is the number of quadrature points that PROC NL MIXED has selected based on the evaluation of the log likelihood at the starting values of the parameters. Here, only one quadrature point is necessary because the random-effect parameters enter the model linearly.

Parameters					
b1	b2	b3	s2u	s2e	NegLogLike
190	700	350	1000	60	132.491787

The “Parameters” table lists the parameters to be estimated, their starting values, and the negative log likelihood evaluated at these starting values.

Iterations					
Iter	Calls	NegLogLike	Diff	MaxGrad	Slope
1	4	131.686742	0.805045	0.010269	-0.633
2	6	131.6446	0.042082	0.014783	-0.0182
3	8	131.614077	0.030583	0.009809	-0.02796
4	10	131.57252	0.04155	0.001186	-0.01344
5	11	131.571895	0.000627	0.0002	-0.00121
6	13	131.571889	5.549E-6	0.00009	-7.68E-6
7	15	131.57188	1.096E-6	6.097E-6	-1.29E-6

NOTE: GCONV convergence criterion satisfied.

The “Iterations” table records the history of the minimization of the negative log likelihood. For each iteration of the quasi-Newton optimization, values are listed for the number of function calls, the value of the negative log likelihood, the difference from the previous iteration, the absolute value of the largest gradient, and the slope of the search direction. The note at the bottom of the table indicates that the algorithm has converged successfully according to the GCONV convergence criterion, a standard criterion computed using a quadratic form in the gradient and inverse Hessian.

Fitting Information	
-2 Log Likelihood	263.1
AIC (smaller is better)	273.1
BIC (smaller is better)	271.2
Log Likelihood	-131.6
AIC (larger is better)	-136.6
BIC (larger is better)	-135.6

The "Fitting Information" table lists the final maximized value of the log likelihood as well as the information criteria of Akaike and Schwarz in two different forms. These statistics can be used to compare different nonlinear mixed models.

Parameter Estimates				
Parameter	Estimate	Standard Error	t Value	Pr >  t
b1	192.05	15.6473	12.27	0.0003
b2	727.90	35.2472	20.65	<.0001
b3	348.07	27.0790	12.85	0.0002
s2u	999.88	647.44	1.54	0.1974
s2e	61.5139	15.8831	3.87	0.0179

Parameter	Alpha	Lower	Upper	Gradient
b1	0.05	148.61	235.50	1.154E-6
b2	0.05	630.04	825.76	5.289E-6
b3	0.05	272.88	423.25	-6.1E-6
s2u	0.05	-797.70	2797.45	-3.84E-6
s2e	0.05	17.4153	105.61	2.892E-6

The "Parameter Estimates" table lists the maximum likelihood estimates of the five parameters and their approximate standard errors computed using the final Hessian matrix. Approximate t values and Wald-type confidence limits are also provided, with degrees of freedom equal to the number of subjects minus the number of random effects. You should interpret these statistics cautiously for variance parameters like S2U and S2E because their sampling distributions tend to be skewed. The final column in the output is the gradient vector at the optimization solution. Each element appears to be sufficiently small to indicate a stationary point.

Since the random-effect parameters enter the model linearly, you can obtain equivalent results by using

the first-order method (specify METHOD=FIRO in the PROC NL MIXED statement).

### LOGISTIC-NORMAL MODEL WITH BINOMIAL DATA

Our second example concerns the data from Beitler and Landis (1985), which represent results from a multicenter clinical trial investigating the results of two topical cream treatments (active drug, control) in curing an infection. For each of eight clinics, the number of trials and favorable cures are recorded for each treatment. The SAS data set is as follows.

```

data infection;
  input clinic t x n;
  datalines;
1 1 11 36
1 0 10 37
2 1 16 20
2 0 22 32
3 1 14 19
3 0 7 19
4 1 2 16
4 0 1 17
5 1 6 17
5 0 0 12
6 1 1 11
6 0 0 10
7 1 1 5
7 0 1 9
8 1 4 6
8 0 6 7
run;

```

Suppose  $n_{ij}$  denotes the number of trials for the  $i$ th clinic and the  $j$ th treatment ( $i=1, \dots, 8; j=0, 1$ ), and  $x_{ij}$  the corresponding number of favorable cures. Then a reasonable model for the preceding data is the following logistic model with random effects:

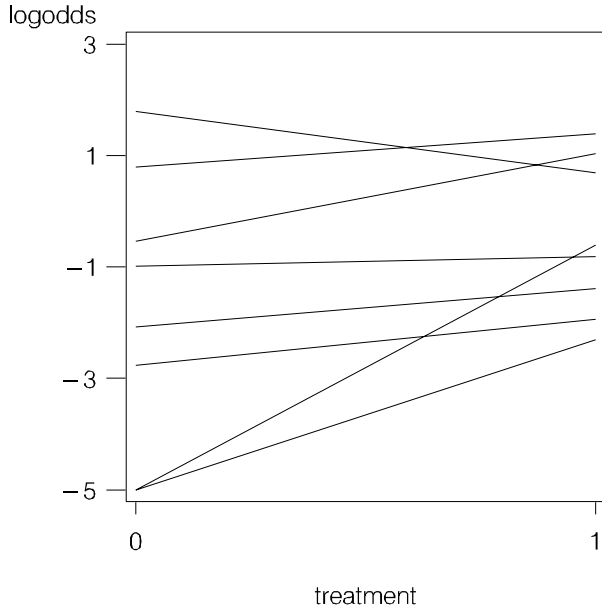
$$x_{ij} | u_i \sim \text{Binomial}(n_{ij}, p_{ij})$$

$$\eta_{ij} = \log\left(\frac{p_{ij}}{(1-p_{ij})}\right) = \beta_0 + \beta_1 t_j + u_i$$

The notation  $t_j$  indicates the  $j$ th treatment, and the  $u_i$  are assumed to be iid  $N(0, \sigma_u^2)$ .

The observed log odds profile for each clinic is displayed in the following figure. The log odds are

displayed as  $-5$  for clinics 5 and 6 at the 0 treatment level, although the actual log odds are  $-\infty$ . The log odds increase from the 0 to 1 level of the treatment in all but one clinic (clinic 8), so we would expect the estimate of  $\beta_1$  to be positive.



The PROC NLMIXED statements to fit the logistic-normal model to these data are as follows:

```
proc nlmixed data=infection;
  parms beta0=-1 beta1=1 s2u=2;
  eta = beta0 + beta1*t + u;
  expeta = exp(eta);
  p = expeta/(1+expeta);
  model x ~ binomial(n,p);
  random u ~ normal(0,s2u)
    subject=clinic;
  predict eta out=eta;
  estimate '1/betal' 1/betal;
run;
```

The PROC NLMIXED statement invokes the procedure, and the PARMS statement defines the parameters and their starting values. Reasonable starting values such as these can often be obtained by fitting a simpler model.

The next three statements construct the variable P to correspond to the  $p_j$ , and the MODEL statement defines the conditional distribution of  $x_i$  to be

binomial. The RANDOM statement defines U to be the random effect with subjects defined by the CLINIC variable.

The PREDICT statement constructs predictions for each observation in the input data set. For this example, predictions of  $n_i$  are output to a SAS data set named ETA. These predictions are linear functions of the empirical Bayes estimates of the random effects  $u_i$ . The ESTIMATE statement requests an estimate of the reciprocal of  $\beta_1$ .

The output for this model is as follows.

The NLMIXED Procedure	
Specifications	
Data Set	WORK. INFECTION
Dependent Variable	x
Distribution for Dep Variable	Binomial
Random Effects	u
Distribution for Random Effects	Normal
Subject Variable	clinic
Optimization Technique	Dual Quasi-Newton
Estimation Method	Adaptive Gaussian Quadrature

The “Specifications” table provides basic information about the nonlinear mixed model.

Dimensions	
Observations Used	16
Observations Not Used	0
Total Observations	16
Subjects	8
Max Obs Per Subject	2
Parameters	3
Quadrature Points	5

The “Dimensions” table provides counts of various variables. You should check this table to make sure the data set and model have been entered properly. PROC NLMIXED selects five quadrature points to achieve the default accuracy in the likelihood calculations.

Parameters			
beta0	beta1	s2u	NegLogLike
-1	1	2	37.5945925

The "Parameters" table lists the starting point of the optimization.

Iterations					
Iter	Calls	NegLogLike	Diff	MaxGrad	Slope
1	2	37.3622692	0.232323	2.882077	-19.3762
2	3	37.1460375	0.216232	0.921926	-0.82852
3	5	37.0300936	0.115944	0.315897	-0.59175
4	6	37.0223017	0.007792	0.01906	-0.01615
5	7	37.0222472	0.000054	0.001743	-0.00011
6	9	37.0222466	6.57E-7	0.000091	-1.28E-6
7	11	37.0222466	5.38E-10	2.078E-6	-1.1E-9

NOTE: GCONV convergence criterion satisfied.

The "Iterations" table indicates successful convergence in seven iterations.

Fitting Information	
-2 Log Likelihood	74.0
AIC (smaller is better)	80.0
BIC (smaller is better)	80.3
Log Likelihood	-37.0
AIC (larger is better)	-40.0
BIC (larger is better)	-40.1

The "Fitting Information" table lists some useful statistics based on the maximized value of the log likelihood.

Parameter Estimates					
Parameter	Estimate	Standard Error	DF	t Value	Pr >  t
beta0	-1.1974	0.5561	7	-2.15	0.0683
beta1	0.7385	0.3004	7	2.46	0.0436
s2u	1.9591	1.1903	7	1.65	0.1438

Parameter	Alpha	Lower	Upper	Gradient
beta0	0.05	-2.5123	0.1175	-3.1E-7
beta1	0.05	0.02806	1.4488	-2.08E-6
s2u	0.05	-0.8554	4.7736	-2.48E-7

The "Parameter Estimates" table indicates marginal significance of the two fixed-effects parameters. The positive value of the estimate of  $\beta_1$  indicates that the treatment significantly increases the chance of a favorable cure.

Additional Estimates					
Label	Estimate	Standard Error	DF	t Value	Pr >  t
1/beta1	1.3542	0.5509	7	2.46	0.0436

Alpha	Lower	Upper
0.05	0.05146	2.6569

The "Additional Estimates" table displays results from the ESTIMATE statement. The estimate of  $1/\beta_1$  equals  $1/0.7385 = 1.3542$  and its standard error equals  $0.3004/0.7385^2 = 0.5509$  by the delta method (Billingsley 1986). Note this particular approximation produces a  $t$  statistic that is identical to that for the estimate of  $\beta_1$  itself.

Not shown is the ETA data set, which contains the original 16 observations, predictions of the  $n_{ij}$ , and associated statistics.

### SYNTAX

This section provides an overview of the statements that are available in PROC NL MIXED and some of their key options. More details and additional options are provided in the complete documentation referenced in the CONTACT INFORMATION section at the end of this paper.

### PROC NL MIXED options;

This statement invokes the procedure. A large number of options are available; the following are some of the most important ones:

ALPHA= specifies the alpha level used to compute t statistics and intervals.

COV requests the approximate covariance matrix for the parameter estimates.

CORR requests the approximate correlation matrix of the parameter estimates.

DATA= specifies the input data set.

ECOV requests the approximate covariance matrix for all quantities specified in ESTIMATE statements.

ECORR requests the approximate covariance matrix for all quantities specified in ESTIMATE statements.

FD requests finite difference derivatives.

GCONV= specifies the relative gradient convergence criterion.

HESS requests the display of the final Hessian matrix.

ITDETAILS requests a more detailed iteration history.

MAXITER= specifies the maximum number of iterations.

METHOD= specifies the method for approximating the integral over the random effects. Valid values are FIRO, GAUSS (the default), HARDY, and ISAMP.

QPOINTS= specifies the number of quadrature points for each random effect.

START requests the printout of the starting gradient.

TECH= specifies the optimization technique. Valid values are CONGRA, DBLDOG, NMSIMP, NONE, NEWRAP, NRRIDG, QUANEW (the default), and TRUREG.

#### **ARRAY *arrayname*;**

The ARRAY statement allows you to specify SAS arrays.

#### **BOUNDS *b\_con* [*, b\_con*];**

The BOUNDS statement enables you to specify boundary constraints on the parameters. Example statements are as follows:

```
bounds 0 <= a1-a9 x <= 1, -1 <= c2-c5;  
bounds b1-b10 y >= 0;
```

#### **BY *variables*;**

The BY statement invokes standard SAS BY processing.

#### **ESTIMATE '*label*' *expression*;**

The ESTIMATE statement enables you to compute an additional estimate that is a function of the parameter values. Multiple ESTIMATE statements are allowed.

#### **ID *expressions*;**

The ID statement identifies additional quantities to be included in the OUT= data set of all PREDICT statements.

#### **MODEL *dependent-variable* ~ *distribution*;**

The MODEL statement specifies the dependent variable and its conditional distribution given the random effects. Valid distributional forms are NORMAL(m,v), BINARY(p), BINOMIAL(n,p), POISSON(m), and GENERAL(II).

#### **PARMS *<name\_list[=numbers]>*;**

The PARMS statement specifies parameter names and their starting values.

#### **PREDICT *expression* OUT=*SAS-data-set*;**

The PREDICT statement enables you to construct predictions for every observation in the input data set. Multiple PREDICT statements are allowed.

#### **RANDOM *random-effects* ~ *distribution* SUBJECT=*variable options*;**

The RANDOM statement specifies the random effects and their distribution. The only currently available distribution is NORMAL. The SUBJECT= argument specifies a variable indicating subjects. One option is OUT=, giving a SAS data set name to contain empirical Bayes estimates of the random effects. Example statements are as follows:

```
random u ~ normal(0,s2u) subject=clinic;  
random b1 b2 ~ normal([0,0],[s2b1,cb12,s2b2])  
subject=person out=eb;
```

#### **Program Statements**

Standard SAS programming statements enable you to construct a wide variety of nonlinear models. Besides usual assignment and mathematical function statements, you may also use CALL, DO, GOTO, IF, PUT, and WHEN statements.

#### **OUTPUT TABLE NAMES**

PROC NL MIXED uses the Version 7 Output Delivery System. To convert any table to a SAS data set, use the ODS statement in the following form:

```
ods output 'table-name'=SAS-data-set;
```

Here, TABLE-NAME is one of the names from the table below, and SAS-DATA-SET is a name you select for the output SAS data set.



Table Name	Statement / Option
AdditionalEstimates	ESTIMATE
ConvergenceStatus	default
CorrMatAddEst	ECORR
CorrMatParmEst	CORR
CovMatAddEst	ECOV
CovMatParmEst	COV
Dimensions	default
Fitting	default
Hessian	HESS
Iterations	default
Parameters	default
ParameterEstimates	default
Specifications	default
StartingHessian	START HESS
StartingValues	START

To suppress all displayed output, use

```
ods exclude all;
```

and use

```
ods select all;
```

to redisplay it.

## LIMITATIONS

PROC NL MIXED is best suited for models with a single random effect, although you can also successfully compute integrals in two and three dimensions as well. In addition, you can use PROC NL MIXED as a general optimization tool by omitting random effects altogether. Problems which are badly scaled or sufficiently noisy will not perform well with PROC NL MIXED. Also, PROC NL MIXED currently does not generally handle nested or crossed random effects.

## CONCLUSION

PROC NL MIXED offers a flexible and powerful environment for fitting nonlinear mixed models. Its main computing components are a SAS engine for processing programming statements, a numerical integrator, and a library of optimization routines. These tools enable you to fit many common

nonlinear and generalized linear mixed models using likelihood-based methods.

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## CONTACT INFORMATION

PROC NL MIXED requires Version 7 of the SAS System. Complete documentation is available on the web at <http://www.sas.com/techsup/download/stat/> in the Postscript file *nlmixed.ps*. You may send feedback to me at [sasrdw@sas.com](mailto:sasrdw@sas.com).

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